Hargrave Spring THURSDAY TUESDAY WEDNESDAY FRINAY Summer Planet Friendly Day 2024 Golden Tortilla Stack **WEEK ONE** Hearty Penne Chickpea Hotpot, New Creamy Macaroni Cheese Bean and Leek Sausages **Option One** Potatoes & Gravy (VE) with Rice (V) Bolognaise (VE) with Rice (V) W/C Macaroni Cheese Roast Chicken with New Fishfingers/Salmon Fishfingers Hearty Mexican Chicken Faiitas Beef Bolognaise with Chips & Tomato Sauce 15 April **Option Two** Potatoes & Gravy (V) with Rice 6 May Jacket Potato with Baked Jacket Potato with Cheese Jacket Potato with Tuna Jacket Potato with Baked Jacket Potato with Cheese (V) 3 June **Option Three** Beans (VE) Mayonnaise Beans (VE) 24 June Sweetcorn (VE) Courgettes (VE) Broccoli (VE) Roasted Tomatoes (VE) Peas (VE) Baked Beans (VE) 15 July **Vegetables** Roast Tomatoes (VE) Carrots (VE) Cauliflower (VE) Green Bean Power Salad Sweetcorn (VE) 9 September (VE) 30 September Dessert Apple Crumble with Yoghurt (V) & Fresh Fruit **NEW** Berry Mousse (V) Carrot and Courgette Cake Yoghurt (V) & Fresh Fruit 21 October Station (VE) Ice Cream (V) Station (VE) YAMASI BBQ Quorn with JJ's Pasta Battered Fish & Chips (VE) Pasta Kitchen Lentil and Sweet Potato Roasted WEEK TWO **Option One** Tomato & Lentil Pasta (VE) Vegetable Pizza Curry and Rice (VE) Salad (VE) / or Carbonara W/C Pasta (V) with Roast Turkey with Roast Classic Beef Lasagne BBQ Chicken Pizza Tuna and Chickpea Pasta **Toppings** 22 April with Garlic Bread Potato & Gravy **Option Two** 13 May Jacket Potato with Baked Beans Jacket Potato with Baked Jacket Potato with Cheese (V) Jacket Potato with Tuna Jacket Potato with Cheese (V) 10 June Beans (VE) (VE) Mayonnaise 1 July Cauliflower (VE) Roasted Veg Power Salad Mediterranean Mixed Sweetcorn (VE) Peas (VE) 22 July **Vegetables** Broccoli (VE) Green Beans (VE) (VE) Sweetcorn Salsa (VE) Vegetables (VE) Baked Beans (VE) 16 September Watermelon Salad (VE) Sweet Potato Power Salad (VE) Dessert 7 October Apple Flapjack (VE) Chocolate & Beetroot Brownie Yoghurt (V) & Fresh Fruit Yoghurt (V) & Fresh Fruit Jelly with Mandarins (V) Station (VE) Station (VE) (V) Summer Butterbean Vegetarian Paella(V) Lentil Wellington, Stuffing, Beetroot & Lentil Burger with Cheese Whirl **Option One WEEK THREE** Risotto (VE) Roast Potatoes& Gravy (VE) Potato Wedges (VE) with Chips (V) Chicken Paella Smokey Bean Roast Chicken, Stuffing, Burger with Potato Wedges & Fishfingers with Chips & Tomato Chilli with Rice (VE) Roast Potatoes & Gravy Tomato Sauce Sauce 29 April **Option Two** 20 May Jacket Potato with Baked Jacket Potato with Tuna Jacket Potato with Cheese Jacket Potato with Tuna Jacket Potato with Baked 17 June (V) Beans (VE) Mayonnaise Mayonnaise Beans (VE) 8 July Green Beans (VE) Mediterranean Mixed Leeks (VE) Broccoli (VE) Peas (VE) Vegetables 2 September Sweetcorn (VE) Baked Beans (VE) Roasted Peppers (VE) Vegetables (VE) Carrots (VE) 23 September Tabbouleh (VE) Roasted Veg Power Salad (VE) Dessert 14 October Apple Sponge Cake with Ice Yoghurt (V) & Fresh Fruit Yoghurt (V) & Fresh Fruit Pear Crumble with Summer Lemon Cake (V) Cream (V) Station (VE) Station (VE) Custard (V) ALLERGY INFORMATION: MENU KEY Added Plant Power If you would like to know about particular allergens in foods please Wholemeal Planet Friendly Option (V) Vegetarian (VE) Vegan ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked Available Daily: - Freshly cooked jacket potatoes with a choice of fillings (V/VE) - Bread freshly baked on site daily (VE) - Daily salad to complete a form to ensure we have the necessary information selection (V/VE) - Drinking Milk (V) to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is

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caterlink feeding the imagination

not possible to completely remove the risk of allergen cross contact.